Dear Millard West Parent/Guardian:

This letter is to inform you of the new policy changes within Millard West High School and the Millard Public School District in regards to concussion management for athletes. The changes have been made in accordance with the provisions made to the Concussion Awareness Act, specifically Sections 71-9101 to 71-9106 that went into effect August 2014. If your child sustains a concussion or is suspected of sustaining a concussion, the following guidelines will be followed:

1. If your child is at a school sporting event or activity and they are suspected of having a concussion, family will be notified of a possible concussion and encouraged to seek medical confirmation of the concussion.
2. Once your child has been seen by a physician and diagnosed with a concussion, the school Concussion Management Team (CMT) will notify teachers of the concussion and will make any academic adjustments that the physician or CMT feels necessary for the student.
3. Teachers will monitor students with concussions on a daily basis, and the CMT will meet when needed to adjust any accommodations that need to be made for the student.
4. Once the student is symptom free and it is determined by the CMT that academic accommodations are no longer needed, the CMT will need signed permission from parents as well as a medical release from their physician to begin the return to play protocol listed below.
5. Only after students have successfully returned to the classroom without any restrictions, then they may begin the Return to Play protocol administered by the athletic trainer. The Return to Play protocol is a 6-day program designed to ease the athlete back into activity. If the student is an in-season athlete and they are diagnosed with a concussion, they will be required to go through the Return to Play protocol in its entirety, regardless of extent of injury or sport –NO EXCEPTIONS!
6. Once the athlete has successfully completed the Return to Play protocol with the athletic trainer and are asymptomatic, final assessment will be completed by the athletic trainer before returning to full participation.

If you have a child with a concussion or have any questions regarding any of this information, please feel free to get in contact with us and we will gladly help you to better understand this information. You can also find more information on the district website at : <https://www.mpsomaha.org/departments/student-services/student-health> and click on the drop down *Bridging the Gap from Concussion to Classroom.*

The following is an example of the Return to Play protocol that the athletes will complete with the athletic trainer prior to returning to their sport.